*Visit the decidedly uncommon shops, restaurants and attractions of Cooper-Young.*

When you visit "historically hip" Cooper-Young in Midtown Memphis, you will find thriving businesses and a strong sense of community. Southern hospitality combines with youthful energy to create the most diverse neighborhood in Memphis. Attracting both the young and trendy and the young at heart, Cooper-Young has a place for everyone.

You can dine at an array of restaurants, stroll with your coffee while you browse our eclectic shops.

At the end of the day, stop by one of our vintage stores and get set up for a night on the town. Shine up your pompadour and your wingtips before you go!

Come see the Cooper-Young Festival and 4k Race in Mid-September. The event has become one of the biggest annual events in Memphis. It is a family affair that draws over 85,000 to our little neighborhood. From artists to flea market vendors, the streets are lined with over 370 booths. The music is some of Memphis' finest, and the smell of the food will pull you right to the heart of Cooper-Young. It is a get down delightful experience for all ages. You might just want to stay.

**www.cooperyoungfestival.com**

## Things To Do

- Live Music
- Great Dining
- Shopping
- Art Openings
- Antiques & Collectables
- Poetry Readings
- Victorian Architecture

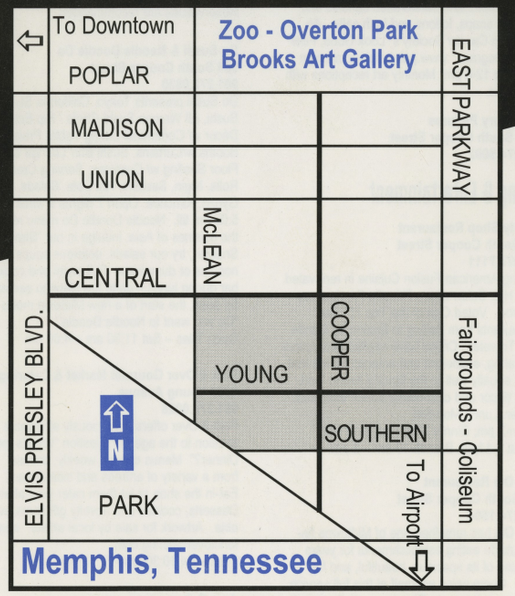
## Special Events

- Cooper Young Festival mid-September
- Monthly Night Out in Cooper Young
  1st Thursday every month
  First Thursday Night Out in Cooper Young is when the retail, antique shops,restaurants and bars dish it up and stay open late to offer discounts on retail and dining purchases, drawings to win prizes, and live entertainment all over the neighborhood. Night Out is from 5:00 - 9:00 pm.

Visit us on Facebook:
www.facebook.com/Cooper-Young-Historic-District

Look good. Beauty Shop Eat good.

# How to get from there, to here




Cooper-Young is located in the Midtown area of Memphis.

From the airport area
Travel north on Airways. Cooper-Young is across the street from the Fairgrounds.

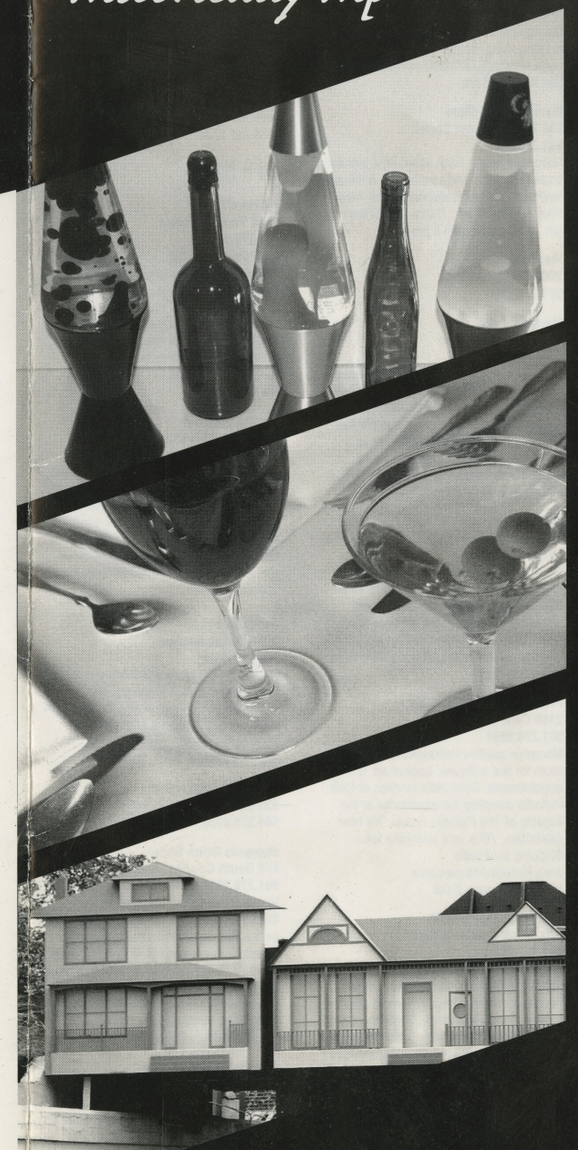
From Downtown Memphis
Travel east on Poplar or Union. Turn right on Cooper.

From east Memphis
Travel west on Poplar. Turn left on Cooper, across from Overton Park.


Cooper-Young Business Association
2120 Young Avenue
Memphis, Tennessee 38104
Cooper-Young Hotline: 901-276-7222
www.cooperyoung.biz


# Cooper-Young

*Historically Hip*



Dine-Shop-Enjoy

## Antique & Specialty Shops

**Architectural Arts**
**749 South Cox Street**
**901.276.3806**
A warehouse-showroom filled with reclaimed architectural treasures, from doors and mantels to brick and lumber. Applications range from a home in the neighborhood to a barbeque restaurant in Hong Kong. Shipping worldwide. www.ArchitecturalArtsMemphis.com Mon-Sat 10 am – 5 pm

**Burke's Book Store**
**936 South Cooper Street**
**901.278.7484**
Nationally known book store. Buy, sell and trade new, used and rare books. A literary landmark. www.burkesbooks.com Mon-Wed 10 am – 6 pm, Thurs–Sat 10 am – 8 pm, Sundays Noon – 5 pm

**Flashback**
**2304 Central Avenue**
**901.272.2304**

**Market Central**
**2215 Central Avenue**
**901.276.3809**
An inspiring collection of decorative stalls with antiques, unique selections, original art, & accessories. The largest of The Palladio Group showrooms, also displaying our own Crafted Classics custom creations. Shipping worldwide. www.MarketCentralMemphis.com
Mon-Sat 10 am – 5 pm

**Midtown Nursery**
**2120 Central Avenue**
**901.272.5724**
Outdoor nursery stocked with all your spring and summer planting needs from annuals and herbs to vegetables and houseplants. Landscape services available. Unusual gift items and outdoor furniture pieces available. Mon-Sat 9am-6pm Sun 11am-6pm

**PALLADIO antiques & art**
**2169 Central Avenue**
**901.276.3808**
Memphis' premier decorative arts showroom for fine antiques, original art, & appointments. Delectable lunches at Café Palladio complete the experience at the flagship of The Palladio Group. We host celebrities, VIP's, and everyday folks. Shipping worldwide.
www.PalladioAntiques.com
Mon-Sat 10 am – 5 pm

**The Enchanted Florist**
**820 South Cooper Street**
**901.907.0819**
Fresh flower and gift delivery for all occasions from this local, family owned business. Open 7 days a week to provide the best floral experience. Enjoy the convenience of safe and secure ordering online 24 hours a day at www.enchantedfloristonline.com or walk-ins welcome.
Mon-Sat 9 am – 6 pm, Sun 10 am – 2 pm

**Toad Hall Antiques**
**2129 Central Avenue**
**901.726.0755**
Enter an atmosphere of warmth and charm filled with English, French and primitive furnishings. Delightful and unique furniture, primitives, accessories, art, jewelry, lighting and gift items at affordable prices. Voted the Best Antique Store in Memphis!
www.toadhallmemphis.com
Mon– Sat 10 am – 5 pm

**WaterWorks**
**741 South Cox Street**
**901.276.3806**
Water features, new & vintage garden appointments, and architectural antiques in a hundred-year old lumber shed converted into a showroom and courtyard. The magical atmosphere is often the venue for wedding & social events. Shipping worldwide.
www.MemphisWaterWorks.com
Mon-Sat 10 am – 5 pm

## Art & Music

**ARTjamN**
**2160 Young Avenue**
**901.277.5654**
It's Paintertainment .....Paint your own canvas. Unlimited paint, easels and aprons. Plus great music to set the creative mood. Book a party, bring friends and wine. We have corkscrews. Great for Girl's Night Out, Business Team Building, Just Plain Fun. Art workshops offered quarterly. Adults, Teens and Children Events.
www.artjamn.com

**Gallery Fifty Six**
**2256 Central Avenue**
**901.276.1251**
Original fine art in a sophisticated setting. Selections constantly change with month shows by guest artists and the work of 20 house artist. Available for event venue rental. Shipping worldwide. www.GalleryFiftySix.com Wed-Fri 12 pm – 4 pm; Sat 11 am – 4 pm. Other times by appointment.

**Goner Records**
**2152 Young Avenue**
**901.722.0095**
Retail LP / CD store and Record Label. Parent organization of the popular Gonerfest hosted every year the last week in September. T-shirts and gift items.
www.goner-records.com
Mon-Sat Noon – 7 pm, Sun 1-5 pm

**Heartbeat Productions**
**832 South Cooper Street**
**901.278.0138**

**Memphis Drum Shop**
**878 South Cooper Street**
**901.276.2328 or 888.276.2331**
**Voted One of the Five Best Drum Shops in America**, MDS offers the largest percussion inventory in the Mid-South. Named 2009 Independent Retailer of the Year by Music, Inc. and Best Single-Store Percussion Dealer by Music and Sound. Full repair service, lessons, teaching and performing studios. www.memphisdrumshop.com Mon-Sat 10 am – 6 pm

**New Ballet Ensemble**
**2107 York Avenue**
**901.726.9225**
Founded in 2001, NBE is a Community School of the Arts and Arts Education program with a professional performing ensemble. Their mission is to bring together children from all backgrounds by providing a professional standard of training, regardless of the ability to pay. www.newballet.org Classes beginning at age 3 in creative movement, ballet, hip hop and African dance.

**Painted Planet Artspace**
**798 South Cooper Street**
**901.725.0054**
Art gallery and jewelry boutique. "Healing" Planet is Painted Planet's cancer ministry. Art Gallery features the works of local, regional and national artists in all media – painting, drawing, photography, sculpture, glass, jewelry, fabric and handcrafted candles and personal soaps, lotions and bath salts. An American Cancer Society's "Look Good, Feel Better Program." www.paintedplanetart.com Tues-Sat 12-6 pm Monthly art receptions with live music.

**True Story Pictures**
**1000 South Cooper Street**
**901.274.9092**

## Dining & Entertainment

**Beauty Shop Restaurant**
**966 South Cooper Street**
**901.272.7111**
Serving American Fusion Cuisine in renovated 1941 Hair Salon where Priscilla Presley was a patron. Voted One of the Top 75 New Restaurants from Beijing to Boston by Conde Nast Traveler. Critics have applied descriptors like daring, exuberant and eclectic; words that apply equally well to the fanciful fusion food, funky décor and chef-owner Karen Blockman Carrier. Lunch Mon-Sat,
11 am-2 pm; Dinner Mon-Thur 5-10 pm, Fri-Sat 5-11pm; Brunch 10 am – 3 pm

**Café Ole Restaurant**
**959 South Cooper Street**
**901.274.1504**
Cafe Ole has remained one of Midtowns finest outside eating establishments for years because of its spacious, beautiful, and hip patio. Come enjoy yourself at this full service Mexican restaurant. Dine in or out, live music and full bar service. Come for the famous Margarita Mondays.
www.cafeolememphis.com
Sun-Thurs 11 am – 10 pm, Sat. 11:30 am – 11 pm, Sat-Sun Brunch 11:30 am – 3 pm

**Café Palladio**
**2169 Central Avenue**
**901.278.0129**
A relaxed, upscale lunch-time deli with table service. Serving shoppers, lunchtime parties, and business lunches with free wifi, the menu is sure to please. Danger: the desserts are *to die for.* www.CafePalladio.com Mon-Sat 11 am – 3 pm

**Celtic Crossing**
**903 South Cooper Street**
**901.274.5151**
Favorite place to grab a pint, listen to great local musicians, and socialize with friends! Voted one of America's Top 100 Irish pubs offering the ambience of a true pub, but with an outstanding kitchen. Lunch, dinner and Sunday brunch feature classic Irish and other dishes at very friendly prices. Live music on the patio. www.celticcrossingmemphis.com Celebrate St. Patrick's Day with this winner of Memphis Flyer's Best Pub in Memphis award. Mon – Sat 11 am - 3 am, Sun 10:30 am – 3 am

**Cortona Contemporary Italian**
**948 South Cooper Street**
**901.729.0101**
Highlights a blend of cuisines from all over the Italian peninsula. Southern-style pizzas, pasta dishes, appetizers, soups & salads. A number of vegetarian options, meat-based pastas and fish entrées. Full bar service with imported beer by the bottle, small selection of local brews on tap and wines. Open for dinner every day from 5 to 10 p.m. and until around 11 p.m. on the weekends.
www.cortonacuisine.com
Reservations are recommended.

**Do Sushi & Noodle Doodle Do**
**964 South Cooper Street**
**901.272.0830**
Do Sushi presents Tokyo, California Style Sushi, All Women Sushi Chefs / Hip Eclectic Décor w/ Communal Dining Table, Private Booths w/Curtains, Sushi Bar/ Lounge & Floor Seating w/ Cushions. Serving Creative Rolls, Nigiri, Sashimi, Hot Pots, Salads, Gyozo, Kimchee. Open 7 nights a week from 5:00 pm till. Noodle Doodle Do menu reflects the cuisines of Asia; indulge in our "Street Snacks", try our salads, delicious soups with noodles or dumplings. Full sushi and cocktail bar during lunch – quite the place to see and be seen, the start of a new Midtown motto "Do you want to Noodle Doodle?
Open Tues – Sat 11:30 am – 4:00 pm

**Fork It Over Gourmet Market & Catering**
**2299 Young Avenue**
**901.278.0028**
Fork It Over offers a deliciously affordable solution to the age old question "What's for Dinner?" Menus change weekly; choose from a variety of entrees and side dishes. Eat-in the shop or let them cater your affair. Desserts, cookies and novelty gift items available. Artwork for sale by local artists. www.forkitovercatering.com
Tues – Fri 10:30 am – 6:30 pm

**Java Cabana**
**Cooper-Young's Oldest Coffeehouse**
**2170 Young Avenue**
**901.272.7210**

**Otherlands Coffee Bar & Restaurant**
**641 South Cooper Street**
**901.278.4994**
An oasis in the heart of Midtown. Full service espresso/coffee bar with full menu of mostly vegetarian and vegan foods. Live music on weekends (myspace.com/otherlands). Free Wi-Fi.
www.otherlandscoffee.com
Mon-Sat 7am – 8pm, Sun 7am – 6pm

**Soul Fish Café**
**862 South Cooper Street**
**901.725.0722**
Lightly breaded catfish is the number one seller at this popular Midtown diner making it land in the top awards handed out annually by Memphis residents and media alike. There are several entrees and desserts to choose from including a chicken slow-smoked over hickory and caramel pecan pie that bring locals back time and time again. Serving lunch and dinner. Mon – Sat from 11 am – 10 pm and Sun from 11:00 am – 9 pm.
www.soulfishcafe.com

**Sweet Grass**
**937 South Cooper Street**
**901.278.0278**
Voted Best New Restaurant/Best Chef by Memphis Magazine. One of Food & Wine's The People's Best Chef of 2011 nominee. Neighborhood Bistro specializing in Carolina Coastal / Low Country Cuisine; Reasonable prices, small plates and wine list. Dinner Tues-Sun 5:30 pm until. Lunch Fri-Sun 11:00 am - 2:00 pm www.sweetgrassmemphis.com Reservations please.

**Tsunami**
**928 South Cooper Street**
**901.274.2556**
One of Memphis Magazine's Best Restaurants offers Pacific Rim cuisine. Ben Smith's menu specializing in seafood with an Asian influence is owned and operated by this nationally known chef and author. Mon-Sat 5:30 – 10:00 pm www.tsunamimemphis.com Reservations are recommended.

## Educational, Health and Pet Needs

**Calming Influence**
**74 North Cooper Street**
**901.276.9423**
Welcome to Midtown's most luxurious massage and bodywork salon. You'll experience professional hand-on services to relieve stress and to enhance your natural beauty. Many services are available from a couples massage room to salt glows and detox face masks. www.calminfluence.com Mon-Fri 9 am – 7 pm, Sat 9 am – 5 pm.

**Central Animal Hospital**
**2192 Central Avenue**
**901.274.1444**
AAA accredited small animal veterinary practice and hospital. Open weekdays
7:30 am - 5:30 pm. Sat 8am - 12 pm
www.midtownvet.com

**Dogs Rule Daycare & School**
**2265 Central Avenue**
**901.276.3210**

**HPC Hemophilia Preferred Care**
**852 South Cooper Street**
**901.725.3440**

**House of Mews**
**933 South Cooper Street**
**901.272.3777**
Nonprofit cat sanctuary and cat lover's gift shop. This adoption agency houses over 100 homeless cats and has been a Memphis favorite since 1995. Tues & Fri 4 – 8 pm, Wed & Thurs 1 – 5 pm, Sat 12 – 4 pm
www.houseofmews.com

**Inbalance Fitness**
**794 South Cooper Street**
**901.272.2205**
Personal Training, Group Fitness, Private Pilates Instruction, Yoga, Zumba, Spinning, GroupKICK and Massage Therapy are some of the classes offered by this quaint Midtown fitness club. Please visit their website for a calendar of classes, dates and times. One-on-one training is available.
www.inbalancefitness.com

**Life Choices**
**806 South Cooper Street**
**901.274.8895**

**Memphis Animal Clinic**
**733 East Parkway South**
**901.272.7411**
Full service, animal companion hospital. AAHA Accredited clinic serving Memphis since the 1930s. Offering grooming and boarding with doggie suites and large runs, behavioral counseling and surgical services to name a few.
Mon-Fri 7:30 am – 6 pm, Sat 7:30 – Noon
www.memphisanimalclinic.com

**Midtown ATA Martial Arts**
**2166 Central Avenue**
**901.725.7725**
Taekwondo for ages 3 and up with emphasis on Family and Group Workouts focusing on Personal Safety, Self-defense and Fitness through Martial Arts. We also offer Birthday Parties and an awesome Summer Camp. Classes Monday - Saturday.
www.midtownata.com

**Red Robin's Academy**
**1000 South Cooper Street**
**901.272.2736**
Licensed childcare center serving children 6 weeks to 12 years old specializing in MCS preK program. Open Mon-Fri from 6:30 am to 6:00 pm. www.redrobinacademy.com

## Inside, Outside the Home and Office

**Albert Cook Plumbing Company**
**2101 Central Avenue**
**901.272.2507**
Specializing in single and multi-family new, residential and commercial plumbing services and repair services. Family owned and operated since 1955. Call for appointment or drop by Mon-Fri 6:30 am – 4:30 pm. Over the counter part sells are not available.
www.albertcookplumbing.com

**Commercial Roofing**
**692 South Cox**
**901.729.4444**

**Decade Properties**
**Cooper Young Area**
**901.216.BRET**

**Glen Stovall Properties**
**Cooper Young Apartments**
**901.870.1858**

**Haizlip Studio**
**2125 Central Avenue**
**901.527.3866**

**McGhee's Crane Service**
**781 Meda Street**
**901.276.6365**

**National Economy Plumbers**
**2114 Southern Avenue**
**901.278.4242**
Plumbing and Heating Service since 1938 - over 73 years. Specializing in older homes, residential and commercial repair and remodeling, sewer and drain cleaning, camera inspections, steam and hot water heat, floor furnaces, wall heaters. 24 hour emergency service licensed and insured.
Open daily 7 am - 5 pm.
www.nationaleconomyplumbers.com

**Palmer Brothers**
**841 South Cooper**
**901.726.1674**

**Rasberry CRE**
**2259 Young Avenue, #101**
**901.722.8234**
Commercial Real Estate Firm specializing in properties from the River to Poplar/240. Brokerage Services, Development, and Real Estate consulting. In the past five years, we have completed more commercial real estate transactions in the Downtown/ Midtown areas than any other independent brokerage firm.
www.RasberryCRE.com

**Revid Realty**
**2109 Peabody**
**901.359.6600**
Residential & commercial real estate and property management services. Office open daily or call for an appointment.
www.debbiesowell.com

**Signworks**
**792 South Cooper Street**
**901.272.3889**
Since 1985, a full service commercial sign company specializing in quality vehicle identification graphics. Come by or call one of our sales team today! Open daily Mon-Fri 8am – 5pm.
www.commtrans.com/services/graphics

**State Farm Insurance – Steve Womack Agency**
**961 South Cooper Street**
**901.725.1919**
Full service insurance company offering auto, home, life insurance along with mutual funds and full banking. Open Mon-Fri 8:30 am to 5:00 pm. Call for appointment afterhours or on weekends.
www.stevewomackagency.com

**Terminix**
**685 South Cox Street**
**901.721.8174**
Nationally known Pest & Termite Control Company. Insulation Services available. Open Mon - Fri from 8:00 am to 5:30 pm
www.terminix.com

**Wilson - Babb Upholstery**
**981 South Cooper Street**
**901.276.6222**

## Community Involvement

**Cooper Young Business Assoc.**
**2120 Young Avenue**
**901.276.7222**
www.cooperyoung.biz
www.cooperyoungfestival.com

**Cooper Young Community Assoc.**
**2298 Young Avenue**
**901.272.2922**
www.cooperyoung.org

**CY Community Farmers Market**
**1000 South Cooper Street – Parking Lot**
**901.604.5557**
Market starts its second season on Saturday, April 30 and runs every Saturday through October 29. Hours of operation are 8 am - 1 pm. Come enjoy a great mix of farmers, bakers, prepared foods, artisans, service providers, non-profits, community groups and urban growers. www.cycfarmersmarket.org

**Lifelink Memphis**
**1015 South Cooper Street**
**901.377.3372**
A non-denominational, independent Christian Church. On-site there are numerous art, dance and music venues. www.lifelinkmemphis.org

**Literacy Mid-South**
**902 South Cooper Street**
**901.327.6000**

**Memphis Gay and Lesbian Center**
**892 South Cooper Street**
**901.278.6422**
MGLCC is a mechanism for change in the lives of lesbian, gay, bisexual and transgender people to facilitate long-term positive growth in them and in the Mid-South community. Drop-in center hours Mon-Fri 2-9 pm. Monthly calendar of activities and services. www.mglcc.org

**The Salvation Army Kroc Center**
**872 Blythe Street**
**901.729.8007**

## Services Offered

**Bluff City Sports**
**769 South Cooper Street**
**901.274.2202**

**Cadence Bank**
**1516 Union Avenue**
**901.729.2250**

**Central Sales Company**
**2170 York Avenue**
**901.278.2251**
A state of the art plumbing and heating supply company doing business for over 50 years in the Mid-South. Representative business for pumps, valves and commercial and industrial plumbing applications.
www.cscmemphis.com

**CommTrans/Sully Corp.**
**792 South Cooper Street**
**901.726.9394**

**Law Office of Leah J. Roen**
**895 South Cooper Street**
**901.473.1710**
Litigation practice. Rule 31 Listed Mediator in both civil and domestic law. Specializing in contracts, domestic, criminal and general practice. Call for appointment.

**Melton & Heath CPA**
**848 South Cooper Street**
**901.276.5464**
Certified Public Accountants with over 50 years experience with business and individual tax returns, estate and inheritance taxes and much more. Schedule an appointment or drop by. Mon-Fri 8am-5pm

**Memphis Metal Manufacturing**
**795 Tanglewood Street**
**901.276.6363**

**David Milem, Consulting Engineers**
**2142 Nelson Avenue**
**901.278.8088**

**Party Concepts**
**2197 Central Avenue**
**901.272.7531**

**Pronto Pup**
**750 Cox Street**
**901.272.7877**

**Servo Group**
**1624 Union Avenue**
**901.217-0726**